

THE BULLETIN

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*Piedmont Columbus Regional recently
hosted the Regional Trauma Advisory Committees
Region VII Trauma Symposium and Skills Lab.
(See page 7 for more details.)*

MARCH 2020

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The Bulletin of the Muscogee County Medical Society is the official monthly publication of the MCMS located at 2612 Commons Blvd, Augusta, Georgia. Opinions expressed in *The Bulletin*, including editorials, are those of the individual author and do not necessarily reflect policies of the Society, unless stated. Advertisements in this publication are paid advertisements and are not necessarily supported or endorsed by the Muscogee County Medical Society.

Members are encouraged to submit articles, current news or upcoming events for publication in *The Bulletin*. Deadline for copy is the 10th of the month preceding date of issue. Those wishing to advertise in *The Bulletin* may request requirements and rates by contacting the society office. Items to be published should be sent to the society coordinator, Stacie Johnson, via email to Stacie@muscogeemedical.org.

PRESIDENT'S MESSAGE

Bret C. Crumpton, D.O., President



COVID-19

As we go to press 2019-nCoV (Coronavirus) has an official name: COVID-19. The World Health Organization (WHO) released the name on February 11, 2020. This virus is an ever-changing medical story. The death toll continues to rise daily. As medical professionals we all need to be informed with the latest information. The CDC web site <https://www.cdc.gov/coronavirus/2019-ncov/index.html>) is updated as new information emerges.

This site includes links about Evaluating and Reporting Persons Under Investigation (PUI), COVID-19 Situation Summary, Information for travelers, Information for Businesses, Healthcare Professionals-including a flowchart, Public Health Professionals and Laboratories.

As of 11:00 A.M. ET February 12, 2020 there are no confirmed cases of COVID-19 in Georgia. There are 15 confirmed cases in 7 states: Washington, California, Arizona, Wisconsin, Illinois, Massachusetts and Texas. Worldwide, 28 countries have confirmed cases, including Canada, Russia, India and Australia.

Symptoms of COVID-19 include fever, cough and Shortness of breath. These may appear 2-14 days after exposure. The first cases were detected in Wuhan City, Hubei Province, China in December 2019. They began at a seafood and live animal market, suggesting animal-to-person spread. Later, a growing number of patients reportedly did not have exposure to animal markets indicating person-to-person spread.

Dr Li Wenliang, a 33-year-old Chinese ophthalmologist based in Wuhan City is credited with issuing early warning of person-to person spread, died Friday, February 7, 2020 after contracting the virus. In several interviews with Chinese media while he was hospitalized, Dr Li described how he believed he was infected with the COVID-19 virus while examining a female patient for glaucoma in the second week of January. She had developed a fever, LRI symptoms and a CT scan showed an unknown virus in her lung. Two of her family members were also sick. He reported this obvious person-to-person spread to his hospital officials. A few days later Dr. Li developed a cough and fever and checked himself into a hotel, concerned that his young child and pregnant wife would be infected. CT scan confirmed he too was infected with the virus. Afterwards he was hospitalized and quarantined on January 12. Around this same time, he learned that his parents and some medical colleagues were infected as well. Dr Li wondered on social media why the official Chinese announcements were still saying there had been no transmissions between humans and medical staff.

Risk factors include being male, elderly, smoking, diabetes and hypertension. Two

thirds of the infected cases in China are male to 1/3 female.

Travel procedures for people arriving the United States from China are as follows: Foreign nationals who have visited China in the past 14 days may not enter the U.S. American citizens, lawful permanent residents, and their families who have been in China in the past 14 days will be redirected to one of 11 airports where the CDC has quarantine stations. Depending on your health and travel history you will have restrictions on your movement for 14 days.

Let us all continue to follow this unfolding medical story in the coming days and weeks ahead.

OUR NEXT EVENT will be the MCMS COLUMBUS RIVER DRAGONS FAMILY HOCKEY NIGHT, SATURDAY, MARCH 7th at 6:05 PM at the COLUMBUS CIVIC CENTER.

Hope to see you all at this fun family friendly event!

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PIEDMONT COLUMBUS REGIONAL NEWS

Wayfinding App Now Live

The Piedmont Now mobile app's indoor navigation feature is now live at Piedmont Columbus Regional's Midtown and Northside campuses as well as the John B. Amos Cancer Center.

The wayfinding feature allows patients and visitors to navigate around the facility step-by-step (from Patient Registration to the cafeteria for example). In addition to wayfinding, the app can help users find and schedule an appointment with a Piedmont Physicians provider, navigate from home to any Piedmont location, show Emergency Department wait times, link to their MyChart online patient portal and much more.

People can download the Piedmont Now app by searching for it in the Apple App Store or Google Play for Android devices, or you can text the word 'COLUMBUS' to 61653 to receive a link to download the app.

New Practice Joins Piedmont Physicians

We proudly welcome South Columbus Family Practice (now known as Piedmont Physicians of South Columbus) to the Piedmont family!



Shabbir Motiwala, M.D. *Suja Antony, FNP-C* *Yolanda Bunkley, FNP-C*

Providers Shabbir Motiwala, M.D., Suja Antony, FNP-C, and Yolanda Bunkley, FNP-C will continue to practice and the location and provider primary care services to the residents of South Columbus and Fort Benning.

33 Graduate from Nurse Residency Program

Congratulations to our latest nurse residents who have completed their first year of nursing! A total of 33 residents were recognized recently in a ceremony at the Midtown Campus Conference Center.



Residents completed the program by attending monthly sessions and participating in evidence-based projects. This 12-month program is designed for new nurses who have less than one year of professional experience as they transition into their first professional role in our healthcare system.

Piedmont Columbus Regional partners with Vizient to offer a robust year of professional development for new nurse graduates.

Spring Harbor Named Best Nursing Home

Spring Harbor at Green Island has been named the Best Nursing Home in the Chattahoochee Valley by Medicare.gov.

Spring Harbor excelled in various metrics to achieve the five-star rating. Among those were a high ranking from staffing—RNs spend more than double the average time caring for their residents per day compared to other Georgia facilities.

Piedmont Columbus Regional Hosts Trauma Symposium

Piedmont Columbus Regional recently hosted the Regional Trauma Advisory Committees Region VII Trauma Symposium and Skills Lab at our Midtown Campus, which is home to the area’s only Level II Trauma Center with a helipad.



Nearly 200 first responders and clinicians from the Chattahoochee Valley area listened to lectures and participated in hands-on training ranging from how to stop the bleed, properly applying tourniquets, how to respond to various types of trauma and treat burns and concussions. Participants were also able to learn proper chest needle decompression and also trained with cadavers in the skills procedure lab.

Employee Uses Sign Language to Communication with Patient

Patient Care Tech Brandi Anderson works in the Inpatient Rehab Unit at our Northside Campus and recently helped a patient through a very difficult time.

The patient was deaf and Brandi, who knows American Sign Language because she has a deaf family member, went above and beyond to translate for the patient. She was willing to go to the patient’s room even when she wasn’t assigned to directly care for the patient to make sure the patient had a positive experience and received the necessary care.



2 Employees to Compete in Local Dance Competition

Piedmont Columbus Regional employees Reverend Dr. Marlon Scott Jr. and Physician Outreach Coordinator Amanda Baker are competing in this year’s Dancing Stars of Columbus fundraiser for the Georgia Chapter of the Alzheimer’s Association.



Our physician network is part of the system that offers the region's most advanced care.

Which is why it is so important to not only have a doctor you see regularly, but the right doctor. One who is part of a system of primary care doctors and leading specialists who provide the latest treatments right where you live. Because what better place is there to be treated than home?

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Marlon and Amanda are among the local celebrity dancers who will be paired with a professional dancer, just like the hit TV show. The event will be held on May 1 at the Columbus, Convention & Trade Center.



CME opportunities offered for physicians

The following Continuing Medical Education (CME) opportunities for physicians have been approved for one hour of CME credit each:

- **Cancer Conference:** Every Monday, 12:30 p.m., June Wright Community Conference Center at the John B. Amos Cancer Center. The 3rd Cancer Conference each month is Thoracic specific. For more information, call Sandra Farley at 706.571.1881.
- **Pediatric Grand Rounds:** Every Thursday, 8:15 a.m. (September through May), Conference Center at Piedmont Columbus Regional's Midtown Campus. Open to any physician or other health professional providing care for children. For more information, call Lea Cunningham at 706.571.1217.
- Once a month, every first Wednesday, dinner at 6 p.m. and rounding begins at 6:30 p.m. at the Hughston Foundation Building. Open to any physician, resident, medical student, nursing staff, PT, MA and local EMS. For more information, call Belinda Klein at 706.494.3326 or email at bklein@hughston.com.

Piedmont Columbus Regional's Midtown Campus is accredited by the Medical Association of Georgia to provide continuing medical education for physicians. The Midtown Campus designates this live activity for a maximum of one AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Etowah High School Visits the Hughston Foundation

Students from Etowah High School, Woodstock, Georgia, visited The Hughston Foundation for a full-day STEAM program. Megan King, a former Hughston ATC Fellow, traveled more than 2 hours with 30 of her health science students to participate in the event.



The students began their morning session with an introduction by Belinda Klein, executive director, and a video about the Foundation. Afterwards, they were split into groups and began 20-minute rotations between these 5 STEAM stations: Science: The students participated in a casting demonstration which emphasized how science and chemicals are used in medicine.

Technology: In the Surgical Education Center, the students received basic surgical training and hands-on practice using an arthroscope, surgical instruments, and plastic knee sawbones.

Art: Medical Illustrator, Belinda Klein, instructed students on drawing techniques using a femur and full skeleton. The students learned how to break down complex shapes into smaller, simple shapes to create an image.

Engineering: The students watched a presentation concerning concussions and head injury prevention. After the presentation, they created their own engineered contraptions to protect an egg, which was a simulator for the skull and brain. To test their inventions, one-by-one the students dropped their egg from the second floor. Many inventions were successful in protecting the simulated head and brain.

Math: Instead of the traditional math pathway, we focused on medical numbers including how many bones are in the hand, foot, and entire human body. The students discussed these medical aspects as they assemble and label a full skeleton.

After the STEAM Stations, the students ate lunch and then learned about PT as a career and watched dry needling demonstration. During the last section of the day's program, the students enjoyed more hands-on medical techniques by practicing suturing techniques using pig's feet and administering IVs into arm simulators.

Scrubs Camp Hands-On Adventure in Healthcare

Do you know a high school or college student interested in learning more about

the medical field? During Scrubs Camp, students will enjoy lab demonstrations, facility tours, surgical videos, and hands-on activities. Speakers and topics covered during camp include medical writing and illustration, radiology, surgical nursing and technologist, physician and residency program, physical and occupational therapy, athletic training, optometry, and a number of other medical professions. Our camps have been so successful, we have extended our number of camp days to 4 and we are offering it twice again this year: June 15-18 and July 20-23.

For registration and payment please visit: <https://www.hughston.com/2020-scrubs-camp>.

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Hands-on Adventures in Healthcare
Offering twice this year!
June 15-18, 9am - 4pm
July 20-23, 9am - 4pm

Enjoy lab demonstrations, facility tours, surgical videos, hands-on activities, and a variety of career experts.

Lunch all 4 days, giveaways, scrub top, and more.

Housing available

Early Registration Deadline: April 15th - \$200
Regular Registration Deadline: May 29th - \$250

Seeking Scrubs Camp sponsorships. In 2020, The Hughston Foundation is offering the camp twice, giving 120 students the opportunity to participate. As we continue to offer this life-changing opportunity for passionate students, future educators, and medical professionals, we are requesting your financial help for a student who would not otherwise be able to attend. You can make a difference by sponsoring a student to attend the camp for \$200. Every gift matters and any amount will help us continue our mission. Visit our website at www.hughston.com or email the Hughston Foundation's Executive Director, Belinda Klein at bklein@hughston.com for more details about the camp or to support this valuable program.

Extended Hours at Hughston's Urgent Ortho

Hughston Clinic is excited to extend our practice hours to fit the needs of our patients and the community. At Urgent Ortho, walk-ins are always welcome and you use the same clinic entrance from 8am to 8pm, Monday through Friday and 10am to 2pm on Saturday. A patient can call or text 706-325-8553 to get in line and for faster service, they are encouraged to go to www.hughston.com to complete pre-visit paperwork ahead of time. Urgent Ortho saves time and money by providing faster orthopaedic diagnoses and treatments for bone, muscle, and joint injuries. Sports and workers' compensation injuries are welcome as well.

Hughston Grand Rounds

On the first Wednesday of each month, a diverse group of local healthcare professionals—which often includes physicians from Hughston, Columbus, and Fort Benning; Hughston Sports Medicine and Trauma Fellows; Hughston Certified Athletic Training Fellows; orthopaedic residents; and medical students—come together for grand rounds lectures on evolving trends in orthopaedics at the Hughston Foundation auditorium. Grand rounds constitute a ritual of medical

education and provide an excellent supplement to medical school and residency. Moreover, grand rounds help doctors and other healthcare professionals stay current in their specialty or areas of core practice. The physician lectures offer expertise on specialized topics and cover the latest evidence-based research and treatments emerging in the field of medicine. To sign up for email blasts about this event, contact Belinda Klein at 706-494-3326; bklein@hughston.com.

Hughston Foundation Meeting Rooms Available

The Hughston Foundation has the unique ability to support the medical community by hosting events in our facility. The Foundation offers an auditorium with large drop-down screens, tables and chairs, a 7' x 45' stage with podium, lighting, and sound system that is perfect for presentations and large groups. Our Surgical Education Center contains a 4-station surgical training lab for cadaveric demonstration and practice, and an additional 4-station workshop for training on plastic models. Both labs are equipped for audiovisual presentations and have the ability to broadcast lab activities to other meeting spaces. Our VIP boardrooms have large conference tables, executive chairs, and drop-down screens that are perfect for smaller private meetings. The Foundation also offers plenty of parking, accommodations for catered events, ice machine, commercial refrigerator, and free WiFi with password. Additionally, The Foundation has a spacious atrium lobby, library, and the Hughston gardens that are available for events. For more information about our rates or contact Belinda Klein at 706-494-3326; bklein@hughston.com for a tour of our facility.

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Welcome New St. Francis-Emory Healthcare CEO Melody Trimble!

St. Francis-Emory Healthcare is pleased to welcome Melody Trimble as the new Chief Executive Officer. Trimble's first day was February 10th. Trimble replaces Jerry Dooley, who has been serving as interim CEO while the hospital conducted a search to find its next permanent leader.



Melody Trimble

Trimble is a veteran healthcare leader, most recently serving in a dual role as CEO of Johnson City Medical Center (JCMC) in Johnson City, Tennessee, and as vice president for Mountain States Health Alliance's Washington County division, where she was responsible for several other facilities in the region. She formerly served in several roles for Health Management Associates, including as president of the organization's Health Management Group, in Naples, Florida; market CEO for Sparks Medical Center in Fort Smith, Arkansas; market CEO for Venice Regional Medical Center in Venice, Florida; and CEO of Carolina Pines Regional Medical Center (also a LifePoint Health facility) in Hartsville, South Carolina.

A fellow of the American College of Healthcare Executives, Trimble earned a Bachelor of Science in Nursing from Eastern Kentucky University in Richmond, Kentucky, and a Master of Nursing from the University of Kentucky in Lexington.

Welcome Melody!

St. Francis Announces Name and Brand

St. Francis Hospital revealed its new name and brand on February 12th. St. Francis now known as St. Francis-Emory Healthcare. Leadership from Emory and LifePoint discussed the future of healthcare at St. Francis. The brand will continue to evolve in the coming months.

St. Francis

EMORY HEALTHCARE

Daisy Award Winner

St. Francis-Emory Healthcare would like to congratulate Jeannie Bready, who was our latest recipient of this prestigious award. The DAISY Award recognizes the extraordinary compassion and care nurses provide every day. The DAISY Foundation established the DAISY Award in memory of J. Patrick Barnes, who died of immune disease. The DAISY Award recognizes nurses who provide extraordinary care and compassion to patients and their



Jeannie Bready

families. Congratulations, Jeannie!

Here is a little of what her nominator said about her:

"Her level of compassion and empathy for my family's situation and all the phone calls, emails, etc. to help with this matter exceeded my expectations and went above and beyond, in my opinion."

"I want to take the time to let you know what an exceptional employee you have in Jeannie. She is very sweet, compassionate, and caring. I will never forget how she helped my father and me during this difficult time. You have an awesome employee working for you, and I wanted you to know it."

St Francis-Emory Healthcare went RED for National Wear Red Day

St. Francis-Emory Healthcare went RED for National Wear Red Day on February 7th! St. Francis and the American Heart Association joined together for National Red Day in their support to end heart disease and stroke in women. Employees and visitors participated in a free blood pressure screening, and received education on heart health from healthcare professionals and the American Heart Association.

St. Francis-Emory Healthcare Employee shares her Story about Becoming a Patient!

Erica, a St. Francis employee, became ill and ended up as a patient in our hospital. She has allowed us to share her story with you. Erica, we are thankful for your work as a St. Francis employee, and we are proud to serve your healthcare needs!



"After learning I was ill, and in need of surgery, I was filled with anxiety and the desire to try alternatives to possibly offset the inevitable." said Erica Powell, an employee and patient at St. Francis. "After many office visits and lab draws, I had to come to the realization that the surgery had to occur."

"On December 5th, I showed up at St. Francis, not in my usual capacity as an employee, but as a patient. I was scared, I prayed, and I cried the whole trip to the hospital. I looked over at my husband and wondered how he could be so calm. He said, "WE will get through this."

"From the moment I entered the surgery waiting area until I arrived in the post-op area, the staff was phenomenal. They helped me take my mind off my fears. I remember asking continuously had my blood pressure gone down because the anticipation had me on edge."

In the waiting room, he made me and many others feel like family. He made us smile, sing a little, and made being here feel a lot better.

Unsung Hero Award

St. Francis-Emory Healthcare would like to congratulate Jammie Gaddy, pre-op transporter, the latest recipient of the Unsung Hero Award.

Here are a few reasons Jammie was chosen for this award:

“Love the way he makes everyone relax in the waiting area. Love his songs. He is so friendly. Wonderful personality. He is a keeper.”



Jammie Gaddy

“I had a patient in pre-op that overheard Jammie singing. The patient asked if Jammie would sing to her. I asked him and we said he would be glad to. The patient was very sick and had no family with her. Jammie pulled up a chair right beside her bed and asked for her request. She asked him to sing Amazing Grace, and he did. It was beautiful, and the patient cried and was so not as afraid afterwards. So kind.”

St. Francis Leaders Pack Food Boxes for Feeding the Valley Food Bank!

St. Francis is proud to support the United Way of the Chattahoochee Valley and its funded programs and community partners. United Way funds 54 programs and assists 28 partner agencies in the Chattahoochee Valley.

Our St. Francis leaders spent Tuesday, January 28th volunteering their time at Feeding the Valley Food Bank by sorting donated grocery products and packing food boxes. Thank you, United Way, and Feeding the Valley for your contributions to the community. Change does not happen alone.

Visit UnitedWayoftheCV.org for more on their many programs and partners.



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Mercer University School of Medicine (MUSM) would like to take the opportunity to introduce Dr. James “Jimmy” Colquitt to the greater Columbus medical community. While new to the Columbus area, Dr. Colquitt is not new to Mercer. Since joining the faculty in 2016, Dr. Colquitt has held numerous roles requiring a variety of skills and flexibility. He has now been tasked with assisting Dr. Alice House, Sr. Associate Dean for Student Affairs and Columbus Campus Dean, in her work to expand the campus to a full, four-year program.




*Dr. James
“Jimmy” Colquitt*

Dr. Colquitt is a native of Central Georgia, where he has a long history of working in healthcare. Starting out as a teen volunteer at what is now Navicent Health in Macon, he studied to become a staff respiratory therapist and later a supervisor at the facility. During this time, he completed his Bachelor of Science at Georgia State University in Atlanta and went on to earn a Master of Education focusing on Instructional Technology from Georgia College and State University. Jimmy then earned his Doctor of Philosophy in Workforce Education from the University of Georgia.

This love of learning continued as Dr. Colquitt went back to earn other credentials including his Emergency Medical Technician license and certifications in simulation operations (CHSOS) and simulation education (CHSE). In addition, Dr. Colquitt has earned the status of a Senior Educator through the American College of Surgeons and TeamSTEPPS Master Trainer through the American Hospital Association. During this time, Jimmy also discovered his passion for teaching through simulation and games. He focuses his research on building ad hoc medical teams to deliver care during emergencies and on improving patient safety through better communication and collaboration.

In the current chapter of Dr. Colquitt’s career, he has served as the Director of Graduate Medical Education and Designated Institutional Official at HCA Coliseum Medical Centers in Macon, where he picked up two new residencies and led the establishment of two more. He has served as the director of simulation-based education and continues to work on developing the simulation programs across all three Mercer campuses and the communities therein.

Most recently Dr. Colquitt was appointed as Interim Associate Dean for Academic Affairs for MUSM, where he works to accomplish the mission of Mercer by expanding the medical education program into the rural areas of Georgia and enhance the training to ultimately improve patient care in rural areas of Georgia.




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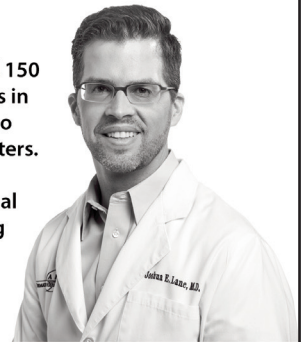


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The Doctors Lane are active in the academic community with a combined 150 plus medical and surgical publications in peer-reviewed journals in addition to multiple textbooks and textbook chapters.

Both hold faculty positions at regional medical schools and enjoy teaching medical students and residents.



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