

THE BULLETIN

VOLUME 65 • NUMBER 8



Piedmont Columbus Regional's 37 nurse residents were recently recognized for completing the Vizient Nurse Residency Program (NRP) in a ceremony at the Midtown Campus Conference Center.

(See page 7 for more information.)

AUGUST 2020

A PUBLICATION OF THE MUSCOGEE COUNTY MEDICAL SOCIETY
ERUDIRE ET DELECTARE



HUGHSTON
CLINIC
Research • Education • Treatment

Hughston's quality patient care has kept us #1 in orthopaedics for over 70 years

David P. Antekeier, MD
Orthopaedic Trauma & Adult
and Pediatric Orthopaedic Spine

Champ L. Baker III, MD
Arthroscopic Surgery, Cartilage Restoration
& Sports Medicine

Norman L. Donati, Jr., MD
Hip, Knee, Shoulder, Total Joint Replacement,
Foot, Ankle & Arthroscopic Surgery

John D. Dorchak, MD
Orthopaedic Spine Surgery

Patrick J. Fericola, MD
Shoulder, Knee, Total Joint Replacement
& Sports Medicine

Fred Flandry, MD, FACS
Trauma, Total Joint Replacement,
Sports Medicine & General Orthopaedics

Ryan M. Geringer, DO, FAOAO
Shoulder, Knee & Sports Medicine

Garland K. (Jake) Gudger, Jr., MD
Arthroscopy, Sports Medicine, Hip
& Knee Reconstruction

Kurt E. Jacobson, MD, FACS
Knee, Sports Medicine & General Orthopaedics

David H. MacDonald, DO, FAOAO
Hand & Upper Extremity, Arthroscopic Surgery

James E. McGrory, MD
Spine Surgery, Hip and Knee Replacement

Douglas W. Pahl, MD
Orthopaedic Spine Surgery

David C. Rehak, MD
Hand, Elbow & Upper Extremity

Randall J. Ruark, MD
Hip & Knee Total Joint Replacement

Matthew G. Stewart, MD
Foot & Ankle, Hip & Knee Reconstruction,
Orthopaedic Trauma & Sports Medicine

Michael M. Tucker, Jr., MD
Knee, Shoulder, Foot, Ankle & Sports Medicine

John I. Waldrop, MD
Hip, Knee, Total Joint Replacement
& Arthroscopic Surgery

B. Collier Watson, DO
General Orthopaedics, Foot & Ankle

L. Erik Westerlund, MD, FACS
Minimally Invasive & Complex Spine Surgery



THE BULLETIN

Society Office: 2612 Commons Blvd. • Augusta, GA 30909
706-322-1254 • FAX 706-736-8055 • www.muscogeemedical.org

Contents

President’s Message	4
Hospital News.....	6, 9, 13

Editor: David H. Levine, M.D. • **Associate Editor:** Karen Stuart, M.D.
Managing Editor: Dan Walton

Officers 2020:

President	Bret C. Crumpton, D.O.
President-Elect	Michael Borkat, M.D.
Past President	Timothy P. Villegas, M.D.
Secretary-Treasurer	Karen Stuart, M.D.
Director to MAG	Fred Flandry, M.D.
Alternate Director to MAG	W. Frank Willett, III, M.D.

Executive Committee: James D. Majors, M.D., W. Frank Willett, M.D., Glenn E. Fussell, M.D., Fred Flandry, M.D., Michael Borkat, M.D., Ryan Geringer, D.O., Michael Green, M.D., Kurt Jacobson, M.D., David H. Levine, M.D., Ken Smith, M.D., Karen Stuart, M.D.

Delegates: Michael Borkat, M.D., Benjamin Cheek, M.D., Bret Crumpton, D.O., Fred Flandry, M.D., Glenn E. Fussell, M.D., James D. Majors, M.D., Karen Stuart, M.D., W. Frank Willett, III, M.D.

Alternate Delegates: Ryan Geringer, D.O., James Hagler, M.D., A. J. Jain, M.D., David Levine, M.D., Henry Ngo, M.D., Folarin Olubowale, M.D., Kenneth Smith, M.D., Timothy Villegas, M.D.

Ad position is at the sole discretion of the Editorial Board.

The Bulletin of the Muscogee County Medical Society is the official monthly publication of the MCMS located at 2612 Commons Blvd, Augusta, Georgia. Opinions expressed in *The Bulletin*, including editorials, are those of the individual author and do not necessarily reflect policies of the Society, unless stated. Advertisements in this publication are paid advertisements and are not necessarily supported or endorsed by the Muscogee County Medical Society.

Members are encouraged to submit articles, current news or upcoming events for publication in *The Bulletin*. Deadline for copy is the 10th of the month preceding date of issue. Those wishing to advertise in *The Bulletin* may request requirements and rates by contacting the society office. Items to be published should be sent to the society coordinator, Stacie Johnson, via email to Stacie@muscogeemedical.org.

PRESIDENT'S MESSAGE

Bret C. Crumpton, D.O., President



Saying Goodbye

This is our last paper copy of our Muscogee County Medical Society monthly publication, *The Bulletin*. Our Executive Committee met via Zoom call specifically to look at the finances surrounding continuing a printed paper option. Unfortunately, we had a decrease in advertisers support and producing, printing, and mailing a paper copy became too expensive to continue.

We will carry on production of our online and emailed digital version. With this news, having accurate, up to date email addresses of all our membership and readers is imperative. Please contact our office with your current email address.

This decision comes with much sadness and angst, especially for our faithful paper copy readers. But in the end, I believe it is the correct one, given our current economic downturn and making a way for our MCMS to remain financially sound through these sustained monetary difficulties.

On a brighter note, Fred Flandry, M.D., F.A.C.S., one of our own MCSM distinguished members is running for Medical Association of Georgia (MAG) President. Dr. Flandry is well known to us all as an Orthopaedic Surgeon at the Hughston Clinic. Highlighting just a few of his numerous accomplishments and service, he is the current Chairman of the Board of the MAG Board of Directors, and a Past President of our MCMS, as well as numerous Orthopedic Societies. Please join me in wishing Fred “all the best” in his MAG Presidential process.

My family and practice are adjusting to our new normal, has I hope all of yours are as well. We are trying to remain vigilant, combatting “caution fatigue” and continuing to follow CDC guidelines in our practice and personal lives. And in the spirit of longtime T.V. show, Hill Street Blues, “Let’s stay safe out there...”



We Believe



KENNON, PARKER,
DUNCAN & DAVIS

Mike See

Fully Licensed GA/AL Realtor

706-315-5289 (CELL) • mikesee@coldwellbanker.com.

5670 Whitesville Road • Columbus, GA 31904

SEE IT SOLD

Helping others is your specialty. Helping you is ours.

The challenges of the medical profession are increasingly complex. We understand. That's why many healthcare providers are trusting Synovus for their financial needs. Our Medical Financial Services provide real solutions specifically designed to help you achieve your goals. Find out how we can help you.


1-888-SYNOVUS | synovus.com

SYNOVUS[®]
the bank of here



Synovus Bank, Member FDIC.






**COLUMBUS
DIAGNOSTIC
CENTER**

Now at CDC Northside

64 SLICE CT

CDC NORTHSIDE
7500 Veterans Pkwy
706.323.7622



Monday-Friday 8am-5pm
Walk-in X-Rays:
Mon.-Fri. 8am-5pm

ColumbusDiagnosticCenter.com

PIEDMONT COLUMBUS REGIONAL NEWS

Updated Visitation Restrictions

Due to an increase in COVID activity in our community, we're tightening visitation restrictions.

No visitors will be allowed in the inpatient setting.

Exceptions will be made for the following circumstances:

- PEDS patients under the age of 18 (1 visitor per patient per stay)
- Labor and Delivery, NICU (1 visitor per patient per stay)
- End of life care and other special situations (will be made on a case-by-case basis and must be approved by the Administrator-On-Duty)

One essential visitor is allowed in the outpatient setting and Emergency Department where patients are not staying in the hospital overnight. The John B. Amos Cancer Center is also allowing one essential visitor per patient per visit.

Visitors who are ill or ages 12 and under are prohibited from entering, and people ages 70 and older are strongly discouraged from visiting.

The visitors that are allowed to enter based on the exceptions listed above must pass a health screening (temperature check and health questionnaire) before entering. The visitors that are allowed to enter based on the exceptions listed above will receive a green sticker with their temperature and date.

Piedmont's mask policy remains the same: all patients, visitors, employees, physicians, and contractors **MUST** wear a mask inside the building. Patients and visitors are still strongly encouraged to bring their own mask from home. However, if they do not have a mask, one will be provided to them for the duration of their visit.

Georgia's Governor Visits Columbus

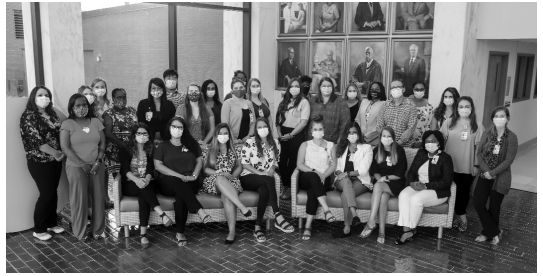
Governor Brian Kemp and leadership from the state's coronavirus task force held a news conference at the Midtown Campus just before the Fourth of July holiday weekend.



The Governor, along with Piedmont Columbus Regional senior leadership and local elected officials, encouraged people to continue practicing COVID-19 safety measures, like social distancing and wearing masks, and to not let their guard down since the state has recently seen an uptick in COVID-19 cases.

37 Graduate From Vizient Nurse Residency Program

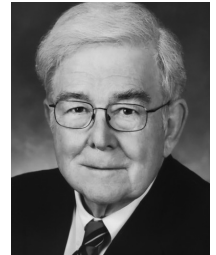
Piedmont Columbus Regional's nurse residents were recently recognized for completing the Vizient Nurse Residency Program (NRP) in a ceremony at the Midtown Campus Conference Center. A total of 37 residents completed the program by attending monthly sessions and participating in evidence-based projects within our organization.



This 12-month program is designed for new nurses who have less than one year of professional experience as they transition into their first professional role in our healthcare system. The curriculum strategically aligns with the residents' first year of nursing and their orientation process with focuses on leadership, quality outcomes and developing their professional role as a nurse. The residency program concludes with an evidence-based practice project trialed in their units or service lines to support innovation and improved quality of care for our patients.

Longtime Pediatrician, Former Foundation Board Member Dies

Walter Lloyd Hudson Jr., M.D., died on July 2 at the age of 82. Dr. Hudson was a pediatrician in Columbus for 45 years.



He helped establish the Columbus Ronald McDonald House, and also served on the Piedmont Columbus Regional Foundation's Board of Directors. In 2015, The Children's Hospital Pediatric Inpatient Unit was named in his honor for helping lead the development of the hospital.

DAISY Award

Congratulations to the DAISY award recipients, who were selected as part of a national program to recognize nurses for their extraordinary care and compassion to patients and their families. Nurses are nominated by a patient, patient's family member or co-worker. The nominations are then reviewed and winners are selected by the Daisy committee. Visit the Piedmont Columbus Regional Facebook page to read their nomination letter.



*Brandi Bundrick
Midtown Campus*



*Wallonda Pittman
Midtown Campus*

CME opportunities offered for physicians

The following Continuing Medical Education (CME) opportunities for physicians have been approved for one hour of CME credit each:

- **Cancer Conference:** Every Monday, 12:30 p.m., June Wright Community

Conference Center at the John B. Amos Cancer Center. The 3rd Cancer Conference each month is Thoracic specific. For more information, call Sandra Farley at 706.571.1881.

- **Pediatric Grand Rounds:** Every Thursday, 8:15 a.m. (September through May), Conference Center at Piedmont Columbus Regional's Midtown Campus. Open to any physician or other health professional providing care for children. For more information, call Lea Cunningham at 706.571.1217.

- **Hughston Grand Rounds:** Once a month, every first Wednesday, dinner at 6 p.m. and rounding begins at 6:30 p.m. at the Hughston Foundation Building. Open to any physician, resident, medical student, nursing staff, PT, MA and local EMS. For more information, call Belinda Klein at 706.494.3326 or email at bklein@hughston.com.

Piedmont Columbus Regional's Midtown Campus is accredited by the Medical Association of Georgia to provide continuing medical education for physicians. The Midtown Campus designates this live activity for a maximum of one AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

HUGHSTON CLINIC NEWS

Hughston's Art Gala Submissions Captured on *Health Science Magazine* Front Cover

A collage of Hughston's Art Gala submissions adorned the front cover of the summer 2020 *Health Science: The Heartbeat of Education* magazine. In addition to highlighting the Hughston Foundation's Art Gala, the magazine also published an article on the Foundation's unique STEAM (Science, Technology, Engineering, Art, Math) programs offered each year for students.

High school and middle school students throughout Georgia were invited to submit biologically or medically inspired entries under drawing, painting, photograph, 3D, or mixed media for the 2019 Hughston Foundation Art Gala Exhibition. For the competition, students were awarded scholarship prizes in each category. The Hughston Foundation hosted the gala on November 14, 2019. In all, 95 entries were submitted and more than 150 teachers, students, and parents attend the exhibition. After the gala, The Hughston Foundation's medical illustrations and medical writing staff worked with the publishers of the high school health science magazine to publish the art cover, photographs, and articles.

4th Annual Spine Conference Held Online

The Hughston Foundation hosted the 4th Annual Jack Hughston Memorial Hospital Spine Conference on Wednesday, July 9, 2020. During the program, Devin Collins, DO, presented "Bilateral Brachial Plexus Palsy after Posterior Thoracolumbar Spinal Fusion for Scheuermann's Kyphosis" and Julia Fink, DO, presented "Location Variance of Abdominal Structures and Great Vessels on Magnetic Resonance Imaging (MRI) During Positioning Changes While in a Simulated Surgical Lumbar Lateral Position". Mudassar Khan, DO, presented "Is the Hoffman's Sign a Reliable Test for Predicting Spinal Cord Compression Seen on MRI - An updated review". Additionally, Gianni Ricci, DO, presented "Adolescent Idiopathic Scoliosis: A case report" and "Three Column Flexion Distraction Injury in a Pediatric Patient: A case report".

A diverse group of local healthcare professionals attended the lectures online, which offered expertise and covered the latest evidence-based research and treatments emerging in the field of spine medicine. Attendees received 1 AMA PRA Category 1 Credit for attending the program.

Three New Residents Join Hughston's Residency Program

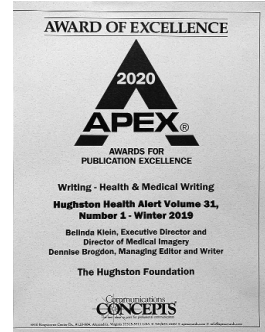
In June, 3 new residents began their training in the Jack Hughston Memorial Hospital Residency program: John Synovec, MD, MBA, Jacob Taunton, DO, and Michael Ulmer, DO. Dr. Synovec received his medical degree from Medical



University of South Carolina in Charleston, SC, and both Dr. Taunton and Dr. Ulmer attended Edward Via College of Osteopathic Medicine (VCOM)-Auburn Campus in Auburn, AL.

Hughston Health Alert wins APEX Award

The Winter 2019 issue of the Hughston Health Alert recently won the Award for Excellence in the Health and Medical Writing category in the 2020 annual international APEX Awards for Publication Excellence competition.



The Hughston Health Alert has placed in the competition every year since 2002, winning a total of 5 Grand Awards in the newsletter category and 13 Awards of Excellence. Congratulations to our Editorial Board members for their hard work and continued dedication to this important publication. Editor – Garland K. Gudger, Jr., MD; Managing Editor – Dennise Brogdon; Associate Editor – Roman Ashmyan, DO; Art Director – Belinda Klein, MA; Layout Editor – Tiffany Davis, MS; Board Members – Mark Baker, PT, CEO; Devin Collins, DO; William Etchison, MS; Andy Grubbs, Jr., MEd, ATC; Rob Hopkins, PR, SCS; William Kurerzi, PT, Cert. DN; and Cholly Minton.

For 32 years, the Hughston Foundation has published the Hughston Health Alert, an 8-page quarterly patient education newsletter prepared by our writing and imagery departments. It focuses on orthopaedic and sports-related topics, including injury prevention and treatment, and is circulated at no charge to patients, coaches, students, and anyone requesting a subscription. Issues are shipped to the YMCA, fitness centers, the Girls Club, and Girls Inc. They are also distributed to participants at sporting events, such as the Georgia High School Soccer Association Championship, and at meetings for healthcare professionals across the Southeast. Moreover, the Hughston Health Alert is available online at www.Hughston.com where it attracts over a million visitors annually. In addition to a print readership of over 50,000 a year, the number of Hughston Health Alert e-mail subscriptions has risen to over 60,000.

Hughston Grand Rounds—August and September Online Event

To participate in Hughston’s Grand Rounds, sign up for email blasts about this event by contacting Belinda Klein at 706-494-3326 or bklein@hughston.com.

On the first Wednesday of each month, a diverse group of local healthcare professionals—which often includes physicians from Hughston, Columbus, and Fort Benning; Hughston Sports Medicine and Trauma Fellows; Hughston Certified Athletic Training Fellows; orthopaedic residents; and medical students—come together for grand rounds lectures on evolving trends in orthopaedics at the Hughston Foundation auditorium. Grand rounds constitute a ritual of medical education and provide an excellent supplement to medical school and residency. Moreover, grand rounds help doctors and other healthcare professionals stay current in their specialty or areas of core practice. The physician lectures offer expertise on specialized topics and cover the latest evidence-based research and treatments emerging in the field of medicine.

Extended Hours at Hughston's Urgent Ortho

Hughston Clinic is excited to extend our practice hours to better fit the needs of our patients and the community. At Urgent Ortho, walk-in are always welcome and you use the main clinic entrance from 8am to 8pm, Monday through Friday and 10am to 2pm on Saturday. A patient can call or text 706-325-8553 to get in line and for faster service, they are encouraged to go to www.hughston.com to complete pre-visit paperwork ahead of time. Urgent Ortho saves time and money by providing faster orthopaedic diagnoses and treatments for bone, muscle, and joint injuries. Sports and workers' compensation injuries are welcome as well.

Hughston Foundation Meeting Rooms Available

The Hughston Foundation has the unique ability to support the medical community by hosting events in our facility. The Foundation offers an auditorium with large drop-down screens, tables and chairs, a 7' x 45' stage with podium, lighting, and sound system that is perfect for presentations and large groups. Our Surgical Education Center contains a 4-station surgical training lab for cadaveric demonstration and practice, and an additional 4-station workshop for training on plastic models. Both labs are equipped for audiovisual presentations and have the ability to broadcast lab activities to other meeting spaces. Our VIP boardrooms have large conference tables, executive chairs, and drop-down screens that are perfect for smaller private meetings. The Foundation also offers plenty of parking, accommodations for catered events, ice machine, commercial refrigerator, and free WiFi with password. Additionally, The Foundation has a spacious atrium lobby, library, and the Hughston gardens that are available for events. Go to <https://www.hughston.com/foundation-facilities-and-services> for more information about our rates or contact Belinda Klein at 706-494-3326; bklein@hughston.com for a tour of our facility.

ST. FRANCIS - EMORY HEALTHCARE NEWS

Daisy Award Winner

The DAISY Foundation established the DAISY Award in memory of J. Patrick Barnes, who died of an immune disease. The DAISY Award recognizes nurses who provide extraordinary care and compassion to patients and their families. We want to congratulate our most recent DAISY Award winner, Michelle Lee, RN.



Michelle Lee, RN

Here is what Michelle's nominator had to say about her:

"In February 2020, my mom was in the hospital which was unexpected. She was visiting Georgia and her family for the winter. I was in Ohio so I made a quick trip. The next morning, I got the hospital to find she was going to be released but she was going to need rehab. I was blessed to have my uncle and cousin who is a minister with me when I met with Michelle because I didn't know about the facilities in the area. My cousin was helpful since he has been to most and the one we decided on Michelle said was sometimes hard to get into because it is busy. She worked on the phone most of the day and was able to get my mom in. She stopped in and out that day to update me and was so kind to me and my mom. Having just arrived after a 12-hour drive, it was nice to have someone working on your behalf when you are trying to wrap your head around the situation. She was a blessing from God. On another note, the facility my mom went to was nice and the aides were unbelievable. They were kind and one in particular I know was an angel sent to my mom and I. She would take time to pray over my mom and talk with me when I needed time out of the room because my mom's pain had become worse. My mom passed very unexpectedly. If Michelle hadn't got us in that place, our last days together may not have been such a blessing because of the angel that was there for us."

Elizabeth Later Accepts Position of Chief Nursing Officer

We are pleased to announce that Elizabeth Later has accepted the position of Chief Nursing Officer. Elizabeth will join St. Francis starting on August 3rd. She comes to St. Francis with more than 19 years of experience as a Chief Nursing and Associate Chief Nursing officer, with the past ten of those served at Ogden Regional Medical Center in Ogden, Utah. Welcome Elizabeth!



Elizabeth Later

2020 Mercy Award

Congratulations to Vanessa Rodriguez, Center for Surgical Services, the 2020 Mercy Award recipient from St. Francis. A ceremony was held on June 30th in the Sara Ruth Carroll auditorium where Vanessa was recognized along with all the St. Francis nominees - Brandi Bangi, RN, Emergency Department, and Celeste Jones Brookes, RN, Women's Services.

Qualities that a Mercy Award nominee should have include:

- They consistently go beyond the call of duty in serving patients and the community
- They demonstrate a level of commitment and caring that transcends the everyday
- They respect others in everything they do, and
- They inspire others with compassion, dedication and a merciful spirit.



Vanessia Rodriguez

Vanessia has been described as someone who has the amazing ability to remember every patient’s name that she meets and knows why they are here. She makes patients feel at ease just by talking to them, she helps to ease their anxiety associated with their diagnosis. She is motivated and interested in learning. She takes the lead in being a super-user for new initiatives, not only because of her wisdom but the trust from leadership and peers. Her mind doesn’t stop when she’s off the clock, she is constantly thinking about her patients and the practice to assure things are in order.

Vanessia will be recognized by LifePoint Health, along with each of our sister hospitals’ Mercy Award recipients. From those they’ll select one winner for the company.

Behar, Reid, Melton & Brown

Certified Public Accountants



2821 Harley Court, Suite 300 | Columbus, GA 31909
(706) 576-4900
firm@servicecpa.com

Tax Consulting & Planning
Tax Audit Representation
Audit, Review & Compilation
Bookkeeping and Payroll Services
Forensic Accounting & Litigation Support
Mergers, Acquisitions & Mediation

Experience to help you where it counts...peace of mind!



SAVE THE DATE!

Fall Social

November 5, 2020 • Columbus Botanical Garden



Restaurant Hours:

Tuesday-Thursday
5:30pm-10:00pm

Friday-Saturday
5:00pm-10:30pm

Pre Fixe Menu:
Three Course Dinner

Tuesday-Thursday
5:30pm-6:30pm
Friday-Saturday

5:00pm-6:00pm
\$35 per person
(Taxes & Gratuity Not Included)



Chef Jamie Keating, CEC

*Ask About The Interactive Culinary
Experience Of The Chef's Table!*

706-507-9909

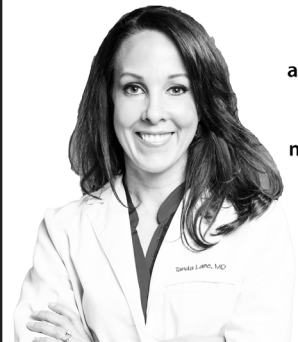
1201 Front Ave., Suite E, Columbus, GA 31901
Located in the Historic Eagle & Phenix Mill
Private Dining Available, Reservations Recommended
epiccuisine.com * info@epiccuisine.com

LANE
DERMATOLOGY & DERMATOLOGIC SURGERY

Board Certified. Fellowship Trained. Quality Driven.
Medical, Surgical, Laser, & Aesthetic Dermatology

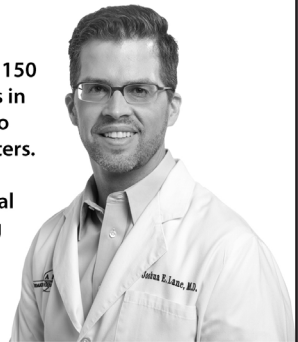


Board Certified in Dermatology & Dermatologic Surgery
Fellowship Trained in Mohs Micrographic & Reconstructive Surgery
Experienced in Aesthetic & Laser Dermatology



The Doctors Lane are active in the academic community with a combined 150 plus medical and surgical publications in peer-reviewed journals in addition to multiple textbooks and textbook chapters.

Both hold faculty positions at regional medical schools and enjoy teaching medical students and residents.



706.322.1717



AS|DS
American Society for
Dermatologic Surgery

1210 Brookstone Centre Pkwy
Columbus, GA 31904
www.laneder.com



ACMS
American College
of Mohs Surgery

Muscogee County Medical Society
2612 Commons Blvd.
Augusta, GA 30909

Return Service Requested

PRSRT STD
US POSTAGE
PAID
COLUMBUS GA
PERMIT
NO. 158