

THE BULLETIN

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The Bulletin of the Muscogee County Medical Society is the official monthly publication of the MCMS located at 2612 Commons Blvd, Augusta, Georgia. Opinions expressed in *The Bulletin*, including editorials, are those of the individual author and do not necessarily reflect policies of the Society, unless stated. Advertisements in this publication are paid advertisements and are not necessarily supported or endorsed by the Muscogee County Medical Society.

Members are encouraged to submit articles, current news or upcoming events for publication in *The Bulletin*. Deadline for copy is the 10th of the month preceding date of issue. Those wishing to advertise in *The Bulletin* may request requirements and rates by contacting the society office. Items to be published should be sent to the society coordinator, Stacie Johnson, via email to Stacie@muscogeemedical.org.

PRESIDENT'S MESSAGE

Michael Borkat, M.D., President



I was outside earlier today, and it felt like summertime. The calendar, however, reminded me that it was fall. Football, changing leaves, and Thanksgiving means that winter is just around the corner. The fall has been a time to celebrate the harvest for millennia. Although the first celebrated Thanksgiving in America has been debated, The pilgrims feast is the best known. School children learn of the Thanksgiving meal with the Pilgrims and the Wampanoag people in 1621. It included traditional dishes native to the Americas, many of which are still eaten today. Most of us eat turkey, however, it was thought that other fowl was also eaten including duck, pigeon, and Heath hen. Birds were stuffed with a mixture of spices, vegetables, and nuts. Today, we use a bread-based stuffing (or dressing). Thanksgiving food traditions are passed down generations.

While there are controversies about the origins and protests for political agendas, one thing remains true. It is a day of thanks for what we have. A day to spend with our loved ones. No matter the meat, I'll be dining on smoked turkey.



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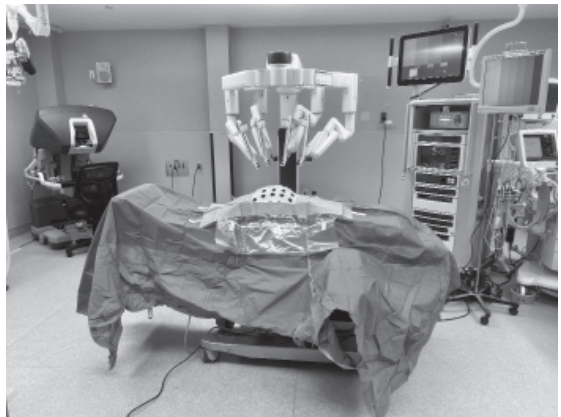
PIEDMONT COLUMBUS REGIONAL NEWS

Northside Campus Launches Robotic Surgery Program

Piedmont Columbus Regional has expanded its robotic capabilities. On September 26, the Northside Campus launched a robotic-assisted surgery program. The new da Vinci Xi Robotic Surgical System enables surgeons to perform a range of minimally-invasive procedures that can be easier than traditional surgeries on patients, often with superior results.



The da Vinci Xi robot allows surgeons to perform complex procedures with incredible precision. Its instruments offer surgeons a greater range of motion than their hands alone. The system also has a 3D camera that provides a high-definition, magnified view of areas of concern as well as a microphone so the surgeon can speak to staff



while manning the robot. These features mean surgeons only need to make small incisions, which translates into shorter hospital stays, smaller recovery periods overall, and less pain/scarring for patients.

The da Vinci system can be used for bariatric surgery, gynecological surgeries, general surgeries, urological surgeries, and much more. All bariatric surgeries have moved from the Midtown Campus to Northside OR, which has 10 rooms. The first da Vinci XI surgical robot technology was installed at the Midtown Campus in October 2020.

Donate Life Recognition

Piedmont Columbus Regional has earned platinum recognition (the highest level possible) for its efforts to increase organ, eye, and tissue donor registrations through

LifeLink of Georgia's Workplace Partnership for Life Hospital Organ Donation Campaign.

Currently there are 3,600 people waiting for a lifesaving organ transplant in Georgia. Everyone, regardless of their age or health, can make their decision to become a registered organ and tissue donor when getting a driver's license/state identification card through the Georgia Department of Driver Services, purchasing a hunting/fishing license through the Department of Natural Resources, or online at www.DonateLifeGeorgia.org.



United Way Employee Giving Success

Piedmont Columbus Regional employees donated a total of \$72,142.04 to United Way—surpassing the goal by nearly \$10,000. The United Way of the Chattahoochee Valley helps fund 37 programs and assists 25 partner agencies—focusing on the priority areas of health access, economic mobility, and educational equity. Northside Campus Executive Director of Nursing Holly Lehmborg and John B. Amos Cancer Center Clinical Manager Amy Shumate served as co-chairs for the campaign.

Medical Resident Wins Award

Congratulations to **Samuel Nwaobi, MD, MPH**, with the Piedmont Columbus Regional family medicine residency program for receiving the 2022 Award for Excellence in Graduate Medical Education from the American Academy of Family Physicians. Dr. Nwaobi is a third-year resident and one of 12 residents nationwide to be selected for the award.



Breast Cancer Awareness Luncheon a Success

The Piedmont Columbus Regional Foundation's 2022 Breast Cancer Awareness Luncheon presented by Radiology Partners Georgia was a huge success! Thank you to our Petal Sponsor- TSYS and our Pink Sponsor- The Shelby and Wanda Amos Foundation. Thank you also to our Rose Sponsors: Coldwell Banker | Kennon Parker Duncan & Davis, Columbus Hospice of Georgia and Alabama, and WC Bradley Company. Thank you to our many Blush Sponsors, Pink Partners, Floral Sponsors and Silent Auction Donors. We could not do this without your support!

Visit Piedmont.org/BCA to make a tribute gift honoring a loved one or caregiver who has made an impact on your life.

DAISY Award

Congratulations to the DAISY award recipients, who were selected as part of a national program to recognize nurses for their extraordinary care and compassion to patients and their families. Nurses are nominated by a patient, patient's family member or co-worker. The nominations are then reviewed and winners are selected by the Daisy committee. Visit DAISYfoundation.org to read their nomination letters and view previous winners.



Randi Davis, 7 Main



Susan Williams, Pediatrics

Upcoming Events

Mobile Market Friday: November 4, 18 and December 2, 16 from 1-3 p.m.

The Piedmont Columbus Regional Mobile Unit and The Food Mill are partnering to host Mobile Market Friday. On the first and third Friday of each month, The Food Mill will sell fresh fruits and vegetables while the Mobile Unit will provide free screenings and health education. This event takes place at the Three Arts Theatre Parking Lot (next to Columbus Diagnostic Center/in front of the old Columbus Health Department near the Midtown Campus) and is open to the general public.

CME Physician Opportunities

The following Continuing Medical Education (CME) opportunities for physicians have been approved for one hour of CME credit each:

Cancer Conference: Every Monday, 12:30 p.m., June Wright Community Conference Center at the John B. Amos Cancer Center. The 3rd Cancer Conference each month is Thoracic specific. For more information, call **Sandra Farley at 706.571.1881**.

Pediatric Grand Rounds: Every Thursday, 8:15 a.m. (September through May), Conference Center at Piedmont Columbus Regional's Midtown Campus. Open to any physician or other health professional providing care for children. For more information, call **Lea Werner at 706.571.1217**.

Hughston Grand Rounds: Once a month, every first Wednesday, dinner at 6 p.m. and rounding begins at 6:30 p.m. at the Hughston Foundation Building. Open to any physician, resident, medical student, nursing staff, PT, MA and local EMS. For more information, call **Belinda Klein at 706.494.3326** or email at bklein@hughston.com.

Piedmont Columbus Regional's Midtown Campus is accredited by the Medical Association of Georgia to provide continuing medical education for physicians. The Midtown Campus designates this live activity for a maximum of one AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

HUGHSTON CLINIC NEWS

The Hughston Foundation *Art Gala* *for the biologically inclined*

2022 Art Gala Exhibition

Once again, the Hughston Foundation collaborated with Harris County High School Work Based Learning Program to offer the 5th Annual Art Gala Competition and Exhibition. High school and middle school students (6th – 12th grades) throughout Georgia were invited to submit biologically or medically inspired entries under drawing, painting, photography, 3D, or mixed media categories to the competition. The gala was held November 10, at 7:00 pm at the Hughston Foundation.

This year, administration, teachers, students, and parents attended the exhibition of 180 entries both in-person and online. The furthest submission came from Richard Hill High School in Richard Hill, GA, and overall 28 schools and organizations were represented. For this competition, the Hughston Clinic proudly supported the top 6 STEAM awards presented to the first through third middle school and high school entries



for a total of \$5,000 in scholarship prizes. Additionally, the Georgia Healthcare Science Technology Education Foundation sponsored two \$250 awards for third place winners. Also presented were two Dr. Champ Baker, Jr., Best Anatomical Awards for \$500 each, one for a middle and high student. David C. Rehak, MD, presented two Best-Hand Picked Awards for \$250 for both high school and middle school entries. Additionally, a \$1,000 Columbus State University (CSU) scholarship was awarded to the top junior or senior winner. Kurt Jacobson, MD, and David Rehak, MD, along with renowned artist Bo Bartlett helped present the awards. Congratulations to our 2022 winners:

STEAM Awards

The 6 STEAM Awards were presented (First Place = \$1,500, Second Place = \$750, Third Place = \$500) based on the top 3 scores for Middle School aged student, 6th – 8th grades, and the top 3 highest scores for High School aged student, 9th – 12th grades.

The Middle School STEAM Award winners:

First place: **Addison Alley** – *“eye know my worth”*

Second place: **Fabian Weidler** – *“Drawing bands”*

Third place: **Kamora Walker** – *“Diseased Lungs”*

The High School STEAM Award Winners:

First Place: **Hailey Jackson** – *“Inner Beauty”*

Second place: **Jazmin Muniz** – *“Focus”*

Third place: **Aliza Brown** – *“Disciple of Circe”*

Dr. Champ Baker, Jr., Anatomical Award

Anatomical Middle School Award: Sin-Dhu-Jaa Ni-FaaD-Kar –
“Biological Framework”

Anatomical High School Award: Odalis Dominguez- *“Still Here”*

David C. Rehak, MD, Hand-Picked Award

Middle School Award: **Fabian Weidler** – *“Drawing bands”*

High School Award: **Victoria Wells** – *“Hand”*

CSU Scholarship

The Departments of Art, Biology, and Exercise Science have collaborated on a \$1,000 scholarship. The student must qualify for admission to CSU and must enroll at CSU with a major or minor in Art, Biology, Kinesiology, or Health Sciences. The student must remain in good academic standing for the duration of the award period. CSU credits the award to the student's CSU account and divides it over the first 2 semesters of full-time enrollment.

2022 CSU Scholarship: Haley Jackson – *“Inner Beauty”*

Honorary Media Awards:

Drawing: Middle School – **Stephanie Gallardo** – *“A final dance”*

High School – **Maya Johnson** – *“Heart of the Matter”*

Painting: Middle School – **Hailie Kong** – *“Heart Full of Love”*

High School – **Sophia Sun** – *“What Was Once His”*

Mixed Media: Middle School – **Frank Parler** – *“External Fixation”*

High School – **Natalie Tan** – *“Her journey”*

3D: Middle School – **Hope Fredericksen** – *“The Strings of a Heart”*

High School – **Elizabeth Wilson** – *“teeth and throat”*

Digital: Middle School – Vanessa Perez – “Study Session”

This is the first time we have had a tie for the high school award:

High School – **Brooke Johnson – “The Ribbon of Hope”** and

Maya Weldon – “Athlete’s Weapon”

Photography: Middle School – Evalina Kinkade – “In Skullie’s Tavern”

High School – (no submission)

Best of Show: Sponsored by the Bo Bartlett Center

The top middle and high school students who win the online popular vote will have their artwork displayed at the Bo Bartlett Center (921 Front Avenue, Columbus, GA 31901) for approximately a month. An opening will be held at the Bo Bartlett Center on Wednesday, December 8, at 6:00 pm to recognize these students.

Middle School – **Abigail Grace Hayes – “Self Reflection”**

High School – **Hailey Jackson – “Inner Beauty”**

The Hughston Foundation would like to thank the Georgia Council for the Arts (GCA), a strategic arm of the Georgia Department of Economic Development, for a grant to cover expenses for some of the artwork displays. We would also like to thank the Hughston Clinic and its physicians, Bo Bartlett and the Bo Bartlett Center, as well as the teachers throughout the state of Georgia who support their students during this competition.

The Hughston Foundation Art Gala for the Biologically Inclined is perfect for students who would like to unmask the exciting world of art and science. This biological and medically inspired art contest encourages students to create artwork while integrating the principle areas of the national STEAM initiative (Science, Technology, Engineering, the Arts, and Mathematics). For more information about the Art Gala, go to www.hughston.com or contact Belinda Klein atbklein@hughston.com.

Free CME at Hughston Grand Rounds

To participate in Hughston’s Grand Rounds, sign up for email blasts about this event by contacting Belinda Klein at 706-494-3326 or bklein@hughston.com.

On the first Wednesday of each month, a diverse group of local healthcare professionals—that often includes physicians from Hughston, Columbus, and Fort Benning; Hughston Sports Medicine and Trauma Fellows; Hughston Certified Athletic Training Fellows; orthopaedic residents; and medical students—come together for grand rounds lectures on evolving trends in orthopaedics at the Hughston Foundation auditorium. Grand rounds constitute a ritual of medical education and provide an excellent supplement to medical school and residency. Moreover, grand rounds help doctors and other healthcare professionals stay current

in their specialty or areas of core practice. The physician lectures offer expertise on specialized topics and cover the latest evidence-based research and treatments emerging in the field of medicine. Each Grand Rounds conference is approved for 1 unit CME.

Extended Hours at Hughston's Urgent Ortho

Hughston Clinic is excited to extend our practice hours to fit the needs of our patients and the community. At Urgent Ortho, walk-in are always welcome and you use the main clinic entrance from 8am to 8pm, Monday through Friday and 10am to 2pm on Saturday. A patient can call or text 706-325-8553 to get in line and for faster service, they are encouraged to go to www.hughston.com to complete pre-visit paperwork ahead of time. Urgent Ortho saves time and money by providing faster orthopaedic diagnoses and treatments for bone, muscle, and joint injuries. Sports and workers' compensation injuries are welcome as well.

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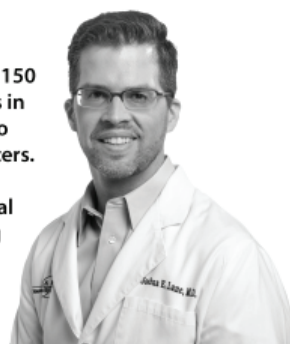


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Both hold faculty positions at regional medical schools and enjoy teaching medical students and residents.



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